

Welcome to

Canadian Forces Base



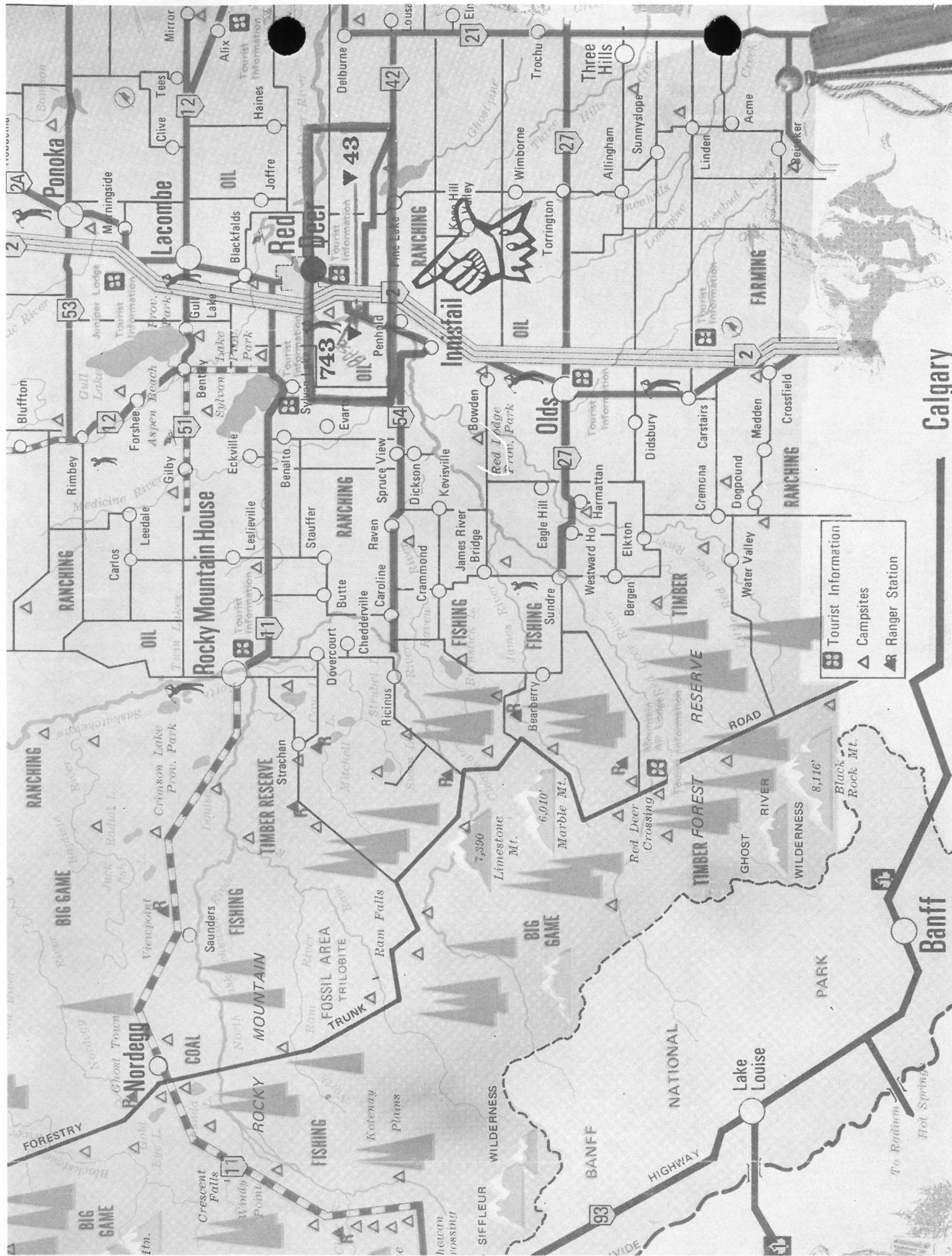
"The Best in the West"

AMENDMENTS TO INFORMATION BOOKLET

1. All references to "the ADC School" should read "JLS"
2. The Base Newspaper "The HARVARD FLYER" has commenced publication under its new name on a trial basis, as of 05 Apr 75.
3. We have a Protestant Chaplain in residence.
4. The photos on page 29 & 33 have captions reversed.

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Calgary

Banff

- Tourist Information
- Campsites
- Ranger Station

CFB Penhold



"The Best in the West"

It may be interesting to note that the Penhold Radio Range letter identifier, "Q-F", established in 1939, is also a registered brand. In 1954 the Province of Alberta granted the Base the official registered brand, "Q-F". It is renewed once every four years and the name remains with us as the name of our Social Centre.

The brand "Q-F" (pronounced Q bar F), has had a long and illustrious life, having been used on actual livestock as well as carrying the CFB Penhold colours of Green and Gold and White to a number of Calgary Stampedes and various local rodeos.



PENHOLD CHUCKWAGON OF BYGONE DAYS

ADAPTABLE

This Welcome booklet presents CFB Penhold as it is at the time of publication, in mid-1973.

It provides you with information of what to expect on arrival and some of the facilities available to make your stay a pleasant one.

EARLY DAYS

In the early days, when this base was first built to facilitate RAF training, Penhold had a reputation as a semi-isolated outpost offering few of the civilization comforts but overcoming the harsh winters to some degree with the promise of chinooks. Those were the days when one woke to temperature of minus 20 degrees and retired to the sighing of gentle winds that ushered in balmy temperatures of from 40 to 60 degrees above zero. At that time the reputation was partly deserved though it is surprising how many of the pioneers of that era look back on it with some nostalgia.

These pioneers left a tradition behind them of making the best of what was available and leaving something better for those who follow — a tradition that has been perpetuated by their successors.



*CHUCKWAGON RACES ARE A THRILLING
PART OF MANY OF THE WESTERN RODEOS*

TODAY

Today the base offers some of the best accommodation and recreational facilities available to the armed forces in any part of Canada. The winter is still cold. Its impact has been softened by the many winter chinooks and activities such as curling, skating, skiing, bowling and other less energetic but equally enjoyable activities. The summer transforms the whole area into a vast resort area that offers swimming, boating, camping, fishing and all outdoor sports. In the fall, hunting takes over.

ACCESS

An excellent highway links the base with Edmonton (90 miles) and Calgary (80 miles) from which other first-class highways radiate south to the United States; west to the mountain park resorts of Jasper and Banff, and then on to Vancouver and the British Columbia coast; and east to Saskatchewan.

The trip to Edmonton can be made in less than two hours by car, and to Calgary in just over one hour. Other good all-weather gravel roads provide access to the local lakes and parks, and directly to points east.



CALGARY SKYLINE



EDMONTON SKYLINE

BEAUTY

Surrounded by the bounty of nature with a wide range of outdoor recreational opportunities, this area is holiday country for countless thousands of visitors every year. Drawn by the lure of sparkling lakes and streams, sandy beaches, tall trees, good fishing, and true Alberta hospitality, the visitor has a choice of informal cabin resorts, deluxe lodges, provincial and private camping grounds, as well as the modern hotels and motels in the cities.

For those who choose the City of Red Deer, there are over 1,000 rooms or units available. Hotels and Motels provide a wide range of entertainment to delight the visitor during the evening hours, and the many restaurants can supply quality dining to suit every taste.

TERM APPLIES

Penhold has traditionally been known as "The best in the West" in recognition of its fine location and facilities, the friendliness of the local people and its fine reputation as a happy posting. Although CFB Penhold's role has changed and its population is now smaller, the term still applies today and will for many years to come.

Although CFB Penhold is no longer a flying base, it holds an important place in Canadian military aviation history.

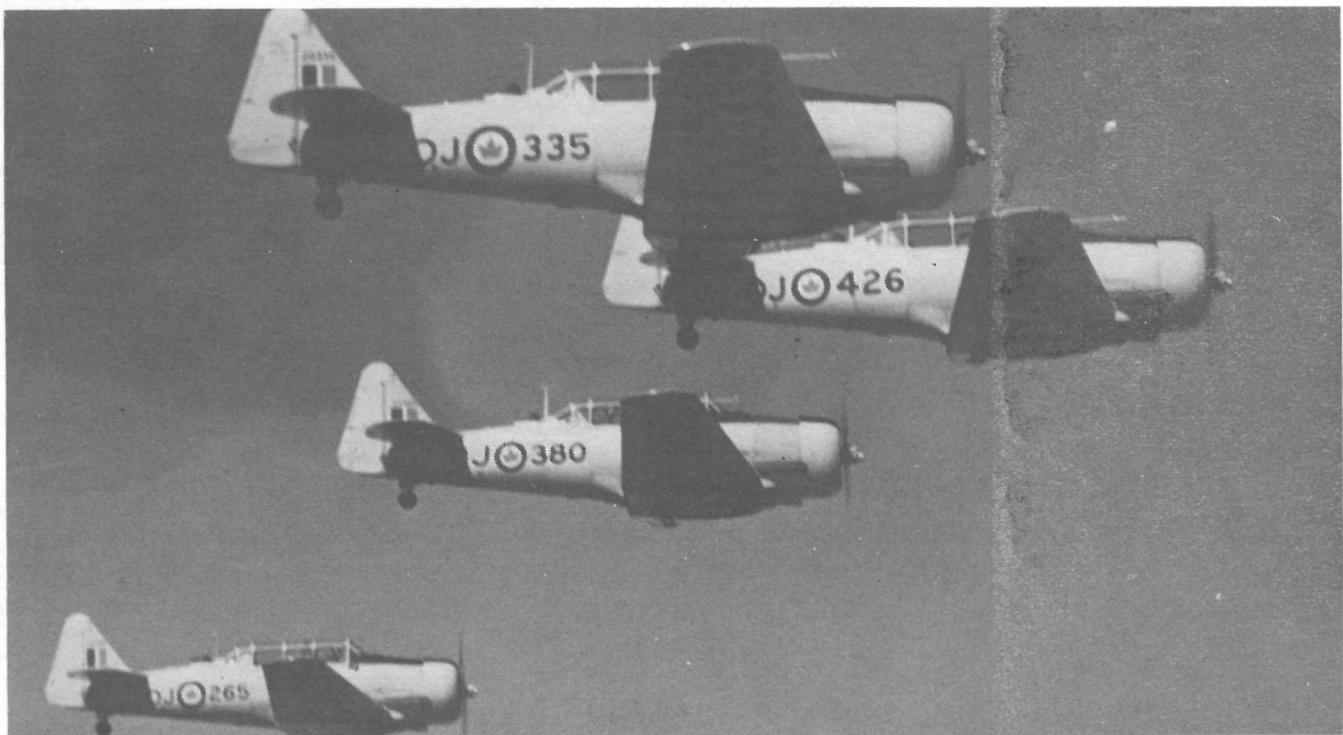
OPENED 1940

The Base opened as an RCAF Manning Depot in 1940. In August 1941 it was turned over to the Royal Air Force and became Number 36 Service Flying Training School – one of many stations in Canada associated with the well remembered British Commonwealth Air Training Plan. In its three years of operation, the school trained 1,555 students on the twin engined Oxford aircraft. Buildings from the period still standing today include the Hangar Line, the old Auto Club (which functioned as the RAF's Transport Section) and an old building which served at one time as Station Headquarters.

CLOSED 1944

With the RAF having built up a vast reserve of trained aircrew, the base was considered to have served its purpose and in October 1944, was turned over to the RCAF and closed down. Only DOT employees remained to operate the radio range. But its retirement was brief. The station southwest of Red Deer, which had made such an important contribution to the wartime cause still had a big role to play in peacetime.

Thus it was that in 1951 work began to create a permanent RCAF station for the purpose of operating a flying training school to train pilots for the nations of NATO.



HARVARDS USED TO BE A FAMILIAR SIGHT IN CENTRAL ALBERTA SKIES.

OPENED 1952

The station was reopened on May 12th, 1952 and today has a residential area serviced with all utilities, including natural gas, and having a total of 243 married quarters. The population of this residential area is estimated at approximately 1,000 people. More than 250 service personnel live on the base. In addition, more than 50 servicemen and 150 civilian employees live out, so that the base's payroll contribution to the district's economy is significant, ranging around \$400,000 per month.

The uneasy peace in Europe which led to the formation of NATO brought Penhold out of retirement, and towards the end of 1952 some of the smaller of the new buildings were ready for occupancy. While facilities were being erected for the operation of the flying training school the necessary buildings to house and provide the amenities of life for station personnel were also being erected. These included the Recreation Centre and the Protestant and Roman Catholic chapels. About 180 houses were erected for married personnel and an additional 63 were constructed 18 months later.

A modern school with facilities to teach grades one to eight was built, along with other projects vital for the smooth operation of a large permanent air base.

4 FTS

The first draft of NATO training for 4 Flying Training School arrived at Penhold on 25 May 1952. The draft consisted of 22 RCAF trainees, six French Air Force, 10 RAF, seven Italian, and five Royal Netherlands Air Force. On June 8th, flying training was started at Penhold with 20 Harvards, while a formation of 44 Harvards arrived on July 2nd, completing the move of 4 FTS from Calgary.

The first graduating course was ready to receive diplomas on August 12th, when the first mess dinner was held at the re-opened base.



A CLOSER SHOT OF A HARVARD OVER THE LOCAL COUNTRYSIDE

MQs OPEN

The official opening of Mynarski Park, the station's married quarters community, took place on 1 September, 1954. Dedicated to the memory of Pilot Officer A.C. Mynarski, VC, the park was opened officially by his mother, Mrs. J. Mynarski.

On the same day the Andersons of Craigmyle School was dedicated by Mrs. W.B. Anderson to the memory of her three air force sons, all of whom died on active service during the Second World War.

FLYING CEASED

Penhold's aviation era ended on the morning of 19 May 1965, when the final student training flights were logged out and the Central Alberta skies echoed to the famous stacatto of the "Yellow Peril" for the last time. On cessation of flying, Penhold was transferred from Training Command to Air Defence Command.

NEW ROLES

The base then adopted new roles in providing support to other non-flying operational units. Air Defence Command established 43 Radar Squadron here in February 1964 and the Alberta Signals Squadron (now 743 Comm Squadron) commenced operations in March 1964. The Regional Emergency Government Headquarters was established here in April 1964.

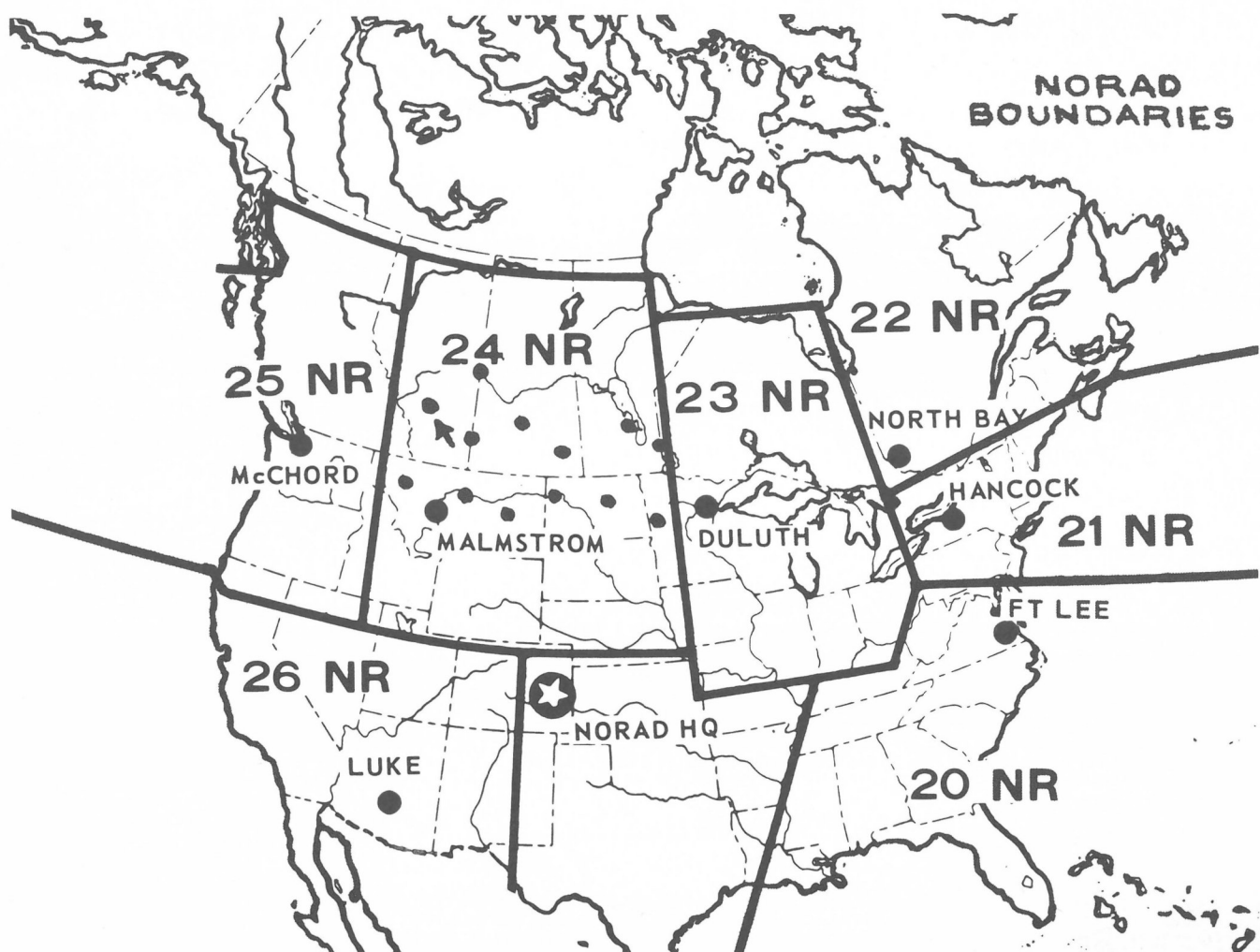
The Air Cadet summer camp was moved to CFB Penhold in 1966, and this unit requires a considerable support effort each year. Some 2,500 cadets from western Canada, and their instructors pass through the base each summer.

During 1973 and 1974 an Air Defence Command School was established at the base. The school is divided into two components: one component is responsible for the Junior NCO Leadership training program for ADC and the other component offers a number of courses on communications and electronic equipments used in the air defence system.

CFB Penhold is in the unique position of being one of the smallest bases in the armed forces. There are four units on the base, and a fifth during the summer months. They are: 43 Radar Squadron and the Air Defence Command School, 743 Communications Squadron of Communications Command, the Regional Emergency Government Headquarters, a responsibility of Training Command, and the summer Air Cadet Camp, also a responsibility of Training Command. Each of these units has its own commanding officer and special responsibilities, but they are all dependent upon CFB Penhold for all support services such as messing, transportation, etc. The Base Commander, CFB Penhold is responsible to ADCHQ for the provision of all support facilities required by these units in connection with the defined roles of the Base.

43 Radar Squadron

43 Radar Squadron is one of the 28 radar sites forming the "Pinetree" line across Canada, and it is a component of both Air Defence Command and the 24th NORAD Region. Operational control of the unit is exercised by the Direction Centre of the 24th NORAD Region, located at Malmstrom Air Force Base, Great Falls, Montana. There are seven Canadian and seven American radar sites in this region, which includes most of Montana, half of North Dakota, much of Alberta and Saskatchewan, and parts of Manitoba and British Columbia. The function of 43 Radar Squadron is identical to that of the other radar units, and that is to provide the direction centre with search, identification, and height information on air-breathing threats, and to provide remote communications facilities from which the direction centre can control interceptors to counter the threat.



OPENED IN 1964

The squadron was one of the last "Pinetree" radar units to be constructed and the unit became operational in February, 1964. The radar equipments include the FPS-27 search radar, and the FPS-26 and FPS-507 height finders. Computer functions are performed by the FYQ-47 Common Digitizer. The Ground-Air Transmit-Receive (GATR) site equipment includes the GKA-5 Time Division Data Link (TDDL) system, GRT-3A transmitters, GRR-993 receivers, and GRC-27 transceivers.

LOCATION

The radar site is located on a twelve acre clearing on top of a glacial esker, some fourteen miles east of CFB Penhold, and some 1,000 feet higher in elevation. The GATR site is in the same area, approximately one mile removed from the radar site. Almost all support facilities and services are provided by CFB Penhold, and they are at the main base complex. A small kitchen and dining room is located at the radar site, and the noon meal is available during normal working days.

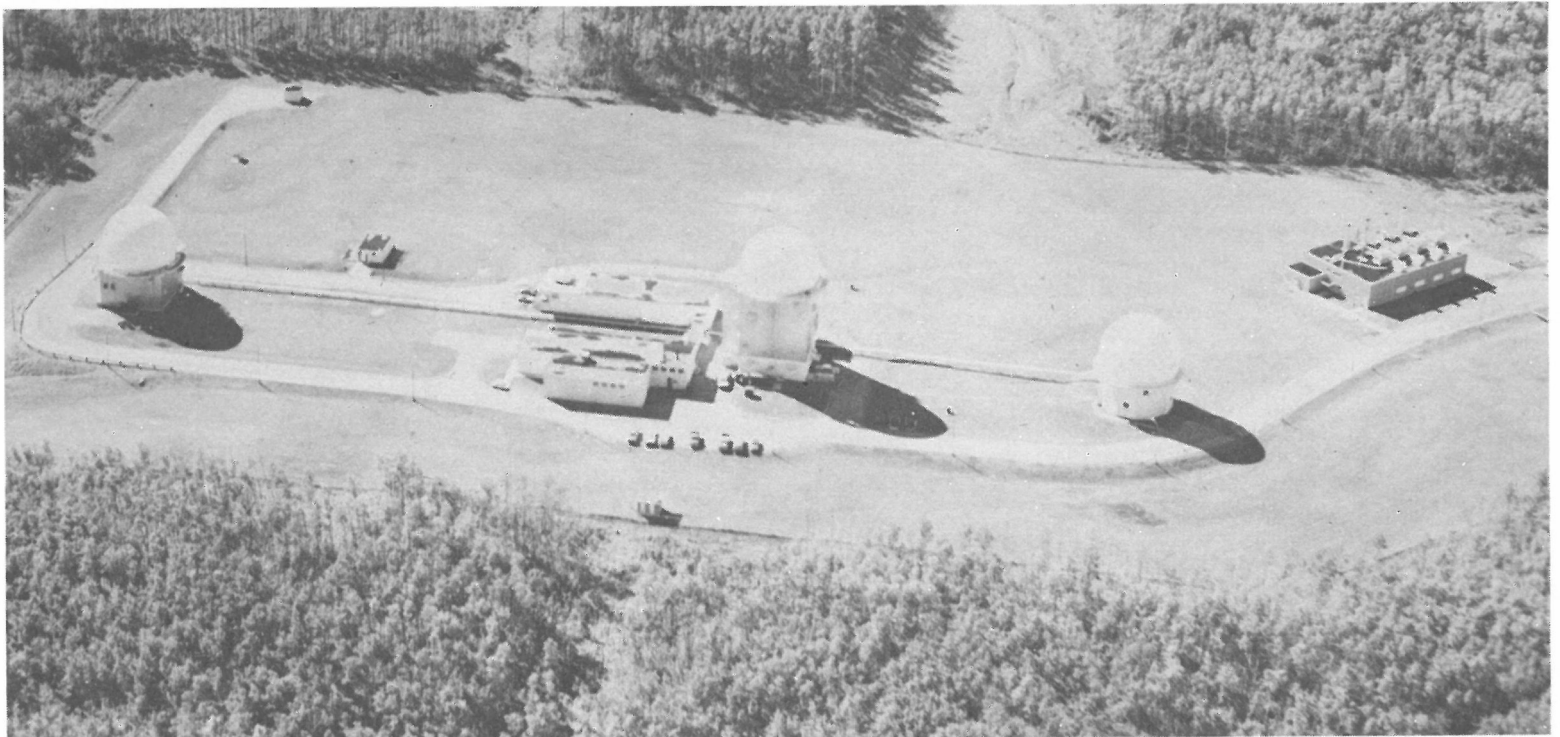
TRANSPORTATION

Transportation between CFB Penhold and the radar site is provided for shift changes. The bus departs from the Composite Mess at 0745, 1545, and 2345 daily, and proceeds through the married quarters area enroute to the radar site. In addition, a shuttle run operates between both sites during normal working hours, and information on this run may be obtained by telephoning 7-231 from any base telephone. Transportation is not provided between Red Deer and the radar site.

ADC SCHOOL

The ADC School courses are closely connected to 43 Radar Squadron for some of the practical aspects of their training. For example, each class of the FPS-27 radar, FYQ-47 common digitizer, and the MK XII courses spend some of their time at the radar site. Most of the lectures and presentations, however, are given at the main base complex, in Buildings 32 and 39.

After reporting in to CFB Penhold, report to the Squadron Orderly Room located in the technical annex at the Radar Site.



AN AERIAL VIEW OF 43 RADAR SQUADRON

REGHQ

EMERGENCY DECENTRALIZED GOVERNMENT

The Regional Emergency Government Headquarters (REGHQ) installation and facilities at CFB Penhold are part of a decentralized system of protected emergency government centres from which federal and provincial authorities can direct operations and give continuity to government in the event of an attack on North America. For purposes of emergency decentralized government, each province is designated as a "region", and some type of protected facility is provided as the REGHQ. Six special purpose REGHQ installations were constructed in six of the provinces by the end of 1964, and the Penhold REGHQ is one of these key facilities.

COMPONENTS

The REGHQ facilities provide wartime accommodation for federal and provincial elements of government, emergency and survival functions of the Department of National Defence, and a National Emergency Government Communications System. The peacetime role of the facility includes the training and exercising of federal, provincial, and military personnel for emergency government functions; conferences and meetings concerned with wartime and peacetime disaster planning and operations; and the operations of the National Defence Communications System and the National Survival Attack Warning System. Essentially, the REGHQ is responsible for the collection and dissemination of information should Canada and North America be attacked by a hostile force. As reliable and extensive communications facilities are vital to the REGHQ role, the primary installation also provides accommodation for 743 Communications Squadron.

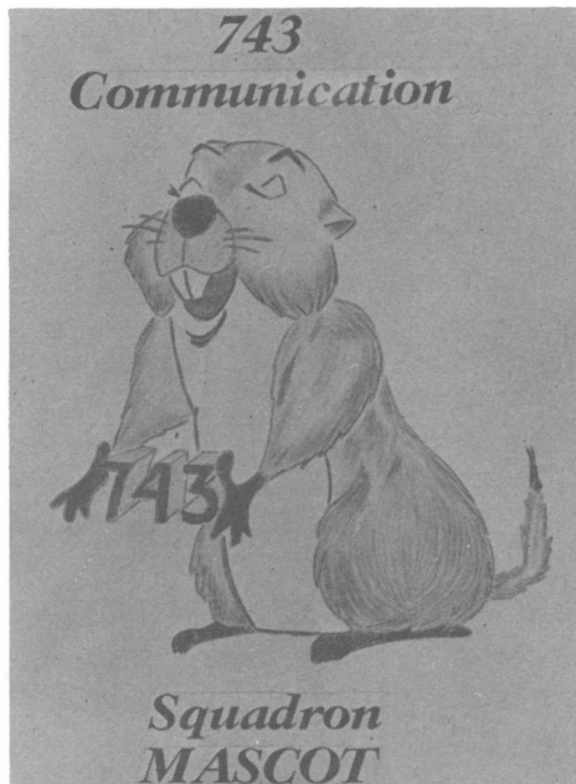
ADMINISTRATION

The REGHQ is the property of the Government of Canada, and its administration and maintenance involves a number of government departments and agencies, primarily the Department of National Defence and Public Works of Canada. Within the Department of National Defence, the Canada Emergency Measures Organization is responsible for all civilian and government operational aspects of the facilities. Training Command, in the role of Prairie Region, is responsible for military operational planning. As a DND installation, it is considered to be a component of CFB Penhold, the base that provides the staff and full base support for its operation.

PROVINCIAL WARNING CENTER

Apart from the operations, maintenance and security staffs provided by CFB Penhold, and the personnel of 743 Communications Squadron, the only resident staff of the REGHQ is in the Provincial Warning Centre. This small cell follows a daily routine of testing attack warning systems in Alberta, and participates in periodic major defence exercises. This staff is a lodger unit of Training Command.

743 Comm Squadron



As communications are vital to the emergency functions of REGHQ installations, these sites have been chosen as the locations of most of the key communications squadrons across Canada. Here at CFB Penhold, 743 Communications Squadron is the unit fulfilling both emergency and National Defence Communications System (NDCS) roles.

743 Comm Squadron serves as a component of the strategic communications system, providing emergency measures communications and rear link communications for field forces; serving as the western NDCS access point for Canadian Forces abroad, and providing communications facilities and detachments at a number of units, including CFB Penhold CFB Calgary, CFB Suffield, CFS Alask, and Camp Wainwright.

For rear link communications, the Squadron is equipped with a number of mobile radio units that are available and adaptable for a number of peace or war emergency situations.

Squadron communications facilities include landline, dedicated radio, and teletype installations. In the Penhold area, squadron accommodation and facilities are located at four separate sites, including the REGHQ and the main base complex, a manned transmitter site, and a remotely operated receiver site. With the reconfiguration of the NDCS and the Strategic Automatic Message Switching Operational Network (SAMSON), the facilities of 743 Comm Squadron will become one of the three primary switching and concentration centres of the Defence Data Network in Canada.

Personnel engaged in these roles are employed with the REGHQ, at the Transmitter Site, or at the Base C and E Section. Perhaps because so many of us work underground (not unlike gophers) this unit has developed a good sense of cohesiveness and spirit. There is a regular program of squadron sport and social activity which will undoubtedly be enhanced by your presence. You may expect that your employment will be both challenging and interesting, and your welcome here most cordial. Welcome aboard.



COMMUNICATIONS AND ELECTRONICS BRANCH BADGE

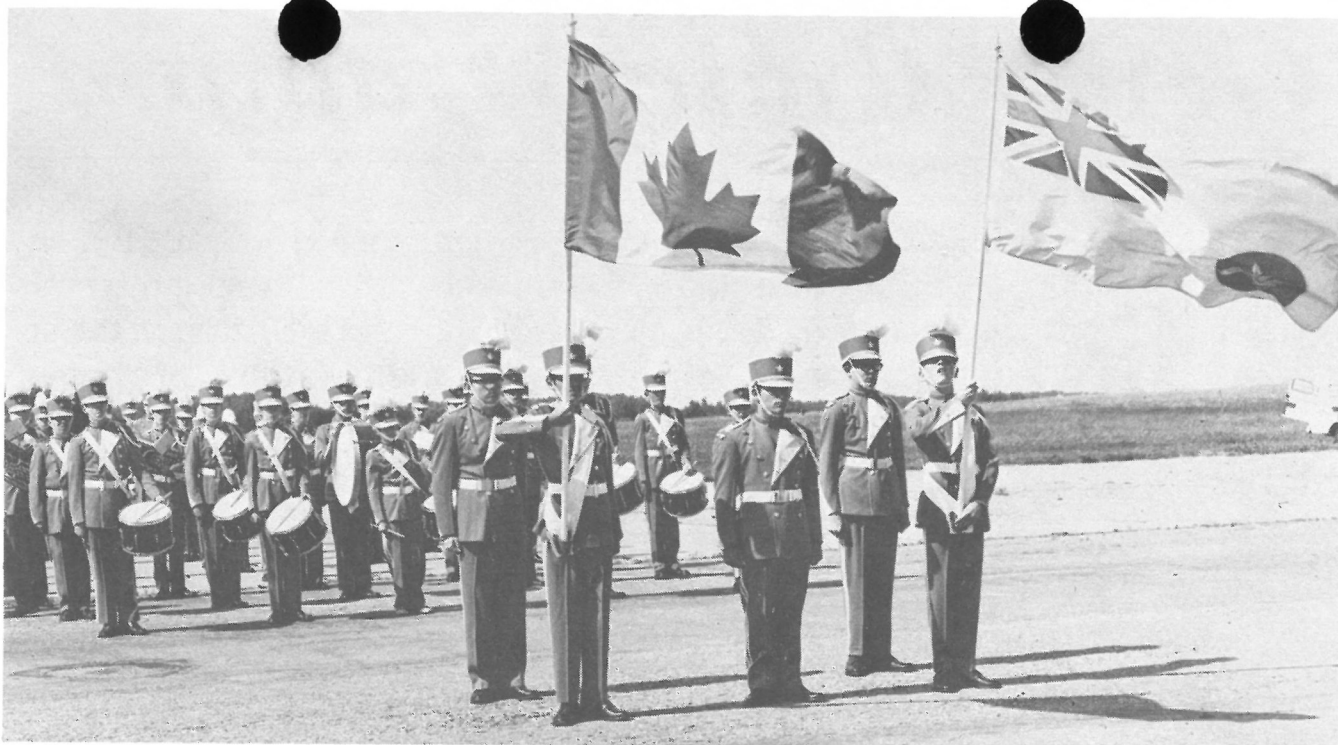
Air Cadet Camp



Each summer since 1966, CFB Penhold has been the site of the largest air cadet camp in Canada. This camp is for air cadets from the four western provinces, northwest Ontario, the Yukon and also the Northwest Territories. The total number of cadets accommodated each summer is approximately 2,500, divided into four two-week camps of 625 cadets each. In addition to the basic cadet camp, CFB Penhold is used as the site of special cadet courses such as flying scholarship training, a band course, technical training, the basic indoctrination course for new cadet officers, bush survival training, and many others.



GLIDER TRAINING PART OF CADET CAMP



AIR CADET SUMMER BAND

With the great influx of cadets, cadet camp staff, and base augmentation personnel, the strength of CFB Penhold triples during July and August each year.

For the cadet camp period, CFB Penhold once again becomes an active flying base. Two Otter aircraft are assigned to the base for familiarization flying purposes, cadets are given flying training at the Red Deer Industrial Airport site, but the main flying activity is the operation of a number of gliders. The gliders are launched by tow aircraft from the Penhold airfield, or by winch from the Innisfail airfield.



MARKSMANSHIP INSTRUCTION AND PRACTICE FOR AIR CADETS

General Information



The following information about CFB Penhold should make your arrival here somewhat easier. Those members posted to 743 Comm Sqn, and 43 Radar Sqn will follow the same reporting in procedures as those personnel posted to the Base in addition to their squadron procedures. At CFB Penhold we use the PLCC (Personal Liability Clearance Certificate) system and, as a result, clearing on or off the unit is very easy and accomplished very quickly.

WORKING HOURS

As in the case of all Canadian Forces Units, CFB Penhold maintains a different set of hours for summer and winter schedules. These hours are published in Routine Orders and, in the case of those base services listed within this booklet, are maintained by all. Summer hours are from 0800 to 1600 hours while winter hours are from 0800 to 1630 hours daily.



THE MAIN ENTRANCE TO MYNARSKI PARK, THE MARRIED QUARTERS AREA AT CFB PENHOLD.

IMPORTANT PHONE NUMBERS

To contact CFB Penhold by commercial phone the number is 886-4451. The commercial number for 743 Comm Sqn and the Regional Emergency Government Headquarters (REGHQ) is 886-4457, and the commercial number for 43 Radar is 347-2081. To contact any of these through the CSN or Autovon phone system, the number is 267-2011. The following "Base" numbers may be of use also: MSE Dispatch, local 344; MIR, local 353; Dental, local 360; BWO, local 303; Base Housing, local 313; Accounts, local 317; Orderly Room, local 309/310; Emergency, local 333; Military Police, local 319/320; Base Duty Officer, local 362 or "O" (we don't have an Orderly Corporal, Orderly Sergeant, or Orderly Officer).

BASE HEADQUARTERS

To focal point on your posting to CFB Penhold is initially the base headquarters building which contains the Base Commander, Base Technical Services Officer, Administration Officers, Accounts Section, the Base Orderly Room, the Military Police Section, Housing/Ground Training, the BWO, Chaplains' offices, and the offices and many classrooms and training facilities of the ADC School. The building also serves as a headquarters for the Air Cadet Camp during the summer months.

REPORTING IN

All personnel posted to the Base or an integral or lodger unit follow the same initial reporting in procedure. First stop is the Base Orderly Room during normal working hours, or the main gate guardhouse if after normal working hours. All 'other ranks' shall report to the BOR while officers report to the BPAAdO. The BOR will look after getting you started on your rounds and also such things as medical plans, rations and quarters for single personnel, and contacting the Welcome Wagon in the case of families.

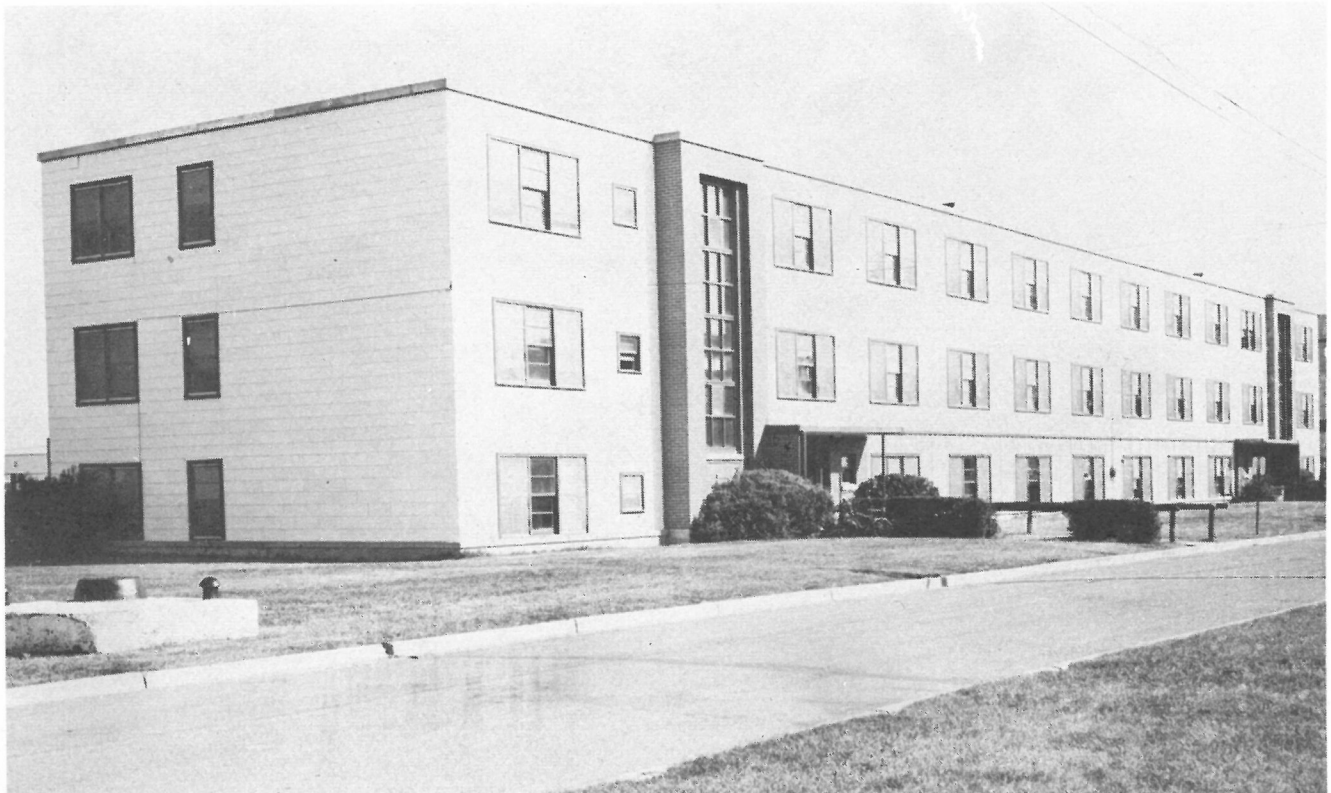
ACCOUNTS

Located immediately next door to the BOR, the Base Accounts Section will look after your claims and have a daily casual pay parade period between 1100 and 1200 hours.

ACCOMMODATION

The base housing office, located within the base headquarters building controls the allocation of all single and married quarters on the base. For living-in personnel, officers and senior NCOs are housed in Barrack Block 4, junior ranks permanent staff are in Barrack Block 3, female and civilian personnel are in Barrack Block 8, junior ranks courses trainees are in Barrack Block 12, and Barrack Blocks 10 and 11 are reserved for air cadets and emergencies. There are 243 married quarters of all types on the base, and another 76 three-bedroom multiple dwelling limited dividend housing units available in downtown Red Deer. Application is made through the base housing office as outlined in CFAO 28-3. The housing office will notify the applicant 30 days prior to his COS date of the assigned married quarter address.

In downtown Red Deer, for those who contemplate buying, there are approximately 18 Real Estate firms and, in the vicinity of the base there are also five trailer parks. They are: Penhold Trailer Court, Penhold, Alberta (approx 2½ miles away); Shady Pine Trailer Court, 2001 Highway No. 2 South, Red Deer, Alberta (approx 4 miles away); Frizzell's Trailer City, 5029 - 34th Street, Red Deer (approx 7 miles away); Mustang Acres Ltd., 5425 Gaetz Ave., Red Deer (approx 12 miles away) and B&R 2-11 Service and Trailer Park, Highway 2A North, Red Deer (approx 15 miles away).



BARRACK BLOCK 12 JUNIOR RANKS TRAINEE QUARTERS

NEWSPAPERS

There is one local daily, The Red Deer Advocate and two local weeklies, the Ad-Viser and the Innisfail Province. Also, the base has its own newspaper, the Mynarski Mirror published twice monthly. The Calgary Herald and Edmonton Journal are also delivered to MQs for those wishing to subscribe. The Mirror and Ad-Viser arrive automatically at your door free of charge.

RADIO & TV

Good receivers can pick up Calgary and Edmonton radio stations, however, locally there are only two stations. Television at CFB Penhold is provided through a Cable Vision system from a 150-foot central antenna system which is cabled throughout the MQs at a cost of \$1.00 per month. This system carries two Edmonton Channels, two Calgary Channels, two Red Deer Channels and offers a variety of programming.

CHAPELS

There is both a Protestant and a Catholic Chapel located on Base, however, there is only an RC Chaplain in residence. The Protestant Chapel is staffed by civilian officiating Clergymen from Red Deer who look after the needs of CFB Penhold personnel.



BASE CHAPEL

FOOD SERVICE

The Composite Mess, located in Building 14, provides meals for all personnel on the base, and prepares the meals required at the radar site. The mess building has a central kitchen with two separate dining rooms: one of these is for junior ranks personnel, while the other one is a combined officers and senior NCOs' dining room. On special occasions and during the summer months the officers' mess kitchen and dining room are activated to handle the increased workload.

MESSES

CFB Penhold has three very active messes with extremely fine facilities.

OFFICERS' MESS — Due to its small membership, the Officers' Mess works on the 'honour bar' system with bar tenders in attendance only during specific functions.

SGTS' & WOS' MESS — Known as "Hummers Haven" from the old story ... What's sexy and humms ... hmmmmmmmmmmmmmmmmmm.

JR RANKS' MESS — Known as "The Pyramid" in keeping with its Egyptian decor, is the largest and probably finest mess facility of any small unit in the Canadian Armed Forces.

The Officers' and Junior Ranks' Messes have their own buildings, but the WOs and Sgts' Mess is housed within the Combined Mess building.

SOCIAL CENTRE

The "Q-F", pronounced Q bar F, is the base's social centre and is used for section parties, weddings, meetings, etc., by and for all ranks.

COMMUNITY COUNCIL

The Mynarski Park community is served by an elected community council, which organizes various programs and facilities to benefit the residents of the married quarters area. This group administers the Teen Town, garden plots, community recreation programs, and sponsors special annual events.

Council members are elected semi-annually for a one-year term of office. The Mayor is normally appointed by the base commander.

MEDICAL

The base has an MIR staffed by two qualified Med A's and medical officer services are provided by civilian doctors under DND contract. Hospitalization for members is normally at the Colonel Belcher hospital, Calgary's DVA facility. For dependents there are clinics and doctors of all specialties in Red Deer and Innisfail with Red Deer also having one 229-bed hospital and a 100-bed Auxiliary hospital. The town of Innisfail also has a hospital.

DENTAL

There is a dental facility on base to serve military personnel, and a number of dentists and specialists in Red Deer and Innisfail for dependents.

BANKING

There is no banking service available on Base, however, there are Treasury Branches and Credit Unions in both Red Deer and Innisfail, and Red Deer has 10 banks while Innisfail has four.

MAIL

All mail is handled through the Mynarski Park post office, located in the Recreation Centre on base. The post office does not provide a delivery service to the married quarters. Post office boxes are available to all personnel at a cost of four dollars per year. Personnel not desiring a box may receive their mail at the counter through the following address:

Your name,
General Delivery,
Mynarski Park, Alberta.
TOM 1N0

SCHOOLS

There are two school facilities on base: the Andersons of Craigmyle School serves the needs of dependent children from grades one to eight, and a kindergarten accepts children at age five. Tuition and transportation are provided for high school students who are offered a choice of public secondary schools in Red Deer and Innisfail, or separate schools in Red Deer.

Red Deer College offers a variety of courses at the university level.

Schooling in the French language is not available in the local area, but it is possible to receive instruction in the French language in Edmonton. Conversational French is taught in the primary grades on base.

The Alberta School Hospital in Red Deer serves the needs of mentally handicapped children, and there is a school for deaf students in the City of Edmonton. Further information on special schools in the area will be provided by the base if requested.

COMMERCIAL SERVICES

Apart from the limited services provided by the snack bar and the base exchange, there are no other commercial facilities on the base, and the closest stores are located in the Village of Penhold, at a distance of two miles, and the City of Red Deer, at eight miles. Shopping facilities in Red Deer are excellent, providing a complete selection of goods and services, comparable to any other Canadian city.

Delivery services to the Mynarski Park community are offered by two milk companies, one bread company, and two dry-cleaning firms. Garbage pick-up is provided free of charge twice weekly.

VEHICLE REGISTRATIONS AND LICENCES

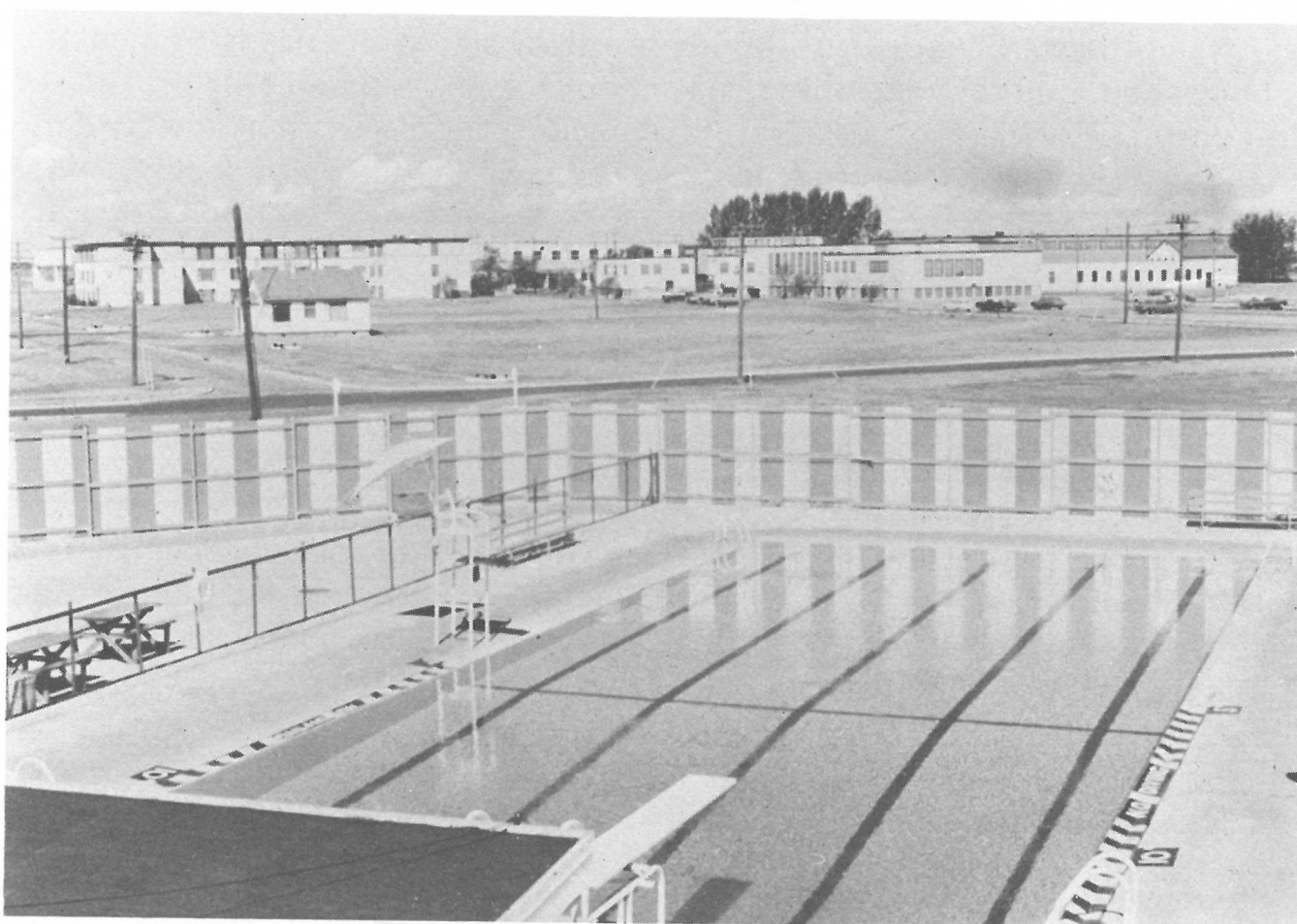
New residents of Alberta are required to register and licence motor vehicles within 14 days of their arrival. An Alberta operator's permit can be obtained if a valid permit is held in another province, or by passing the normal proficiency tests offered in either Red Deer or Innisfail. The licence fee is \$10.00, and the licence is normally valid for five years, to be renewed on the holder's birthday.

Public liability and property damage insurance is mandatory for all vehicles operated on public roads in Alberta.

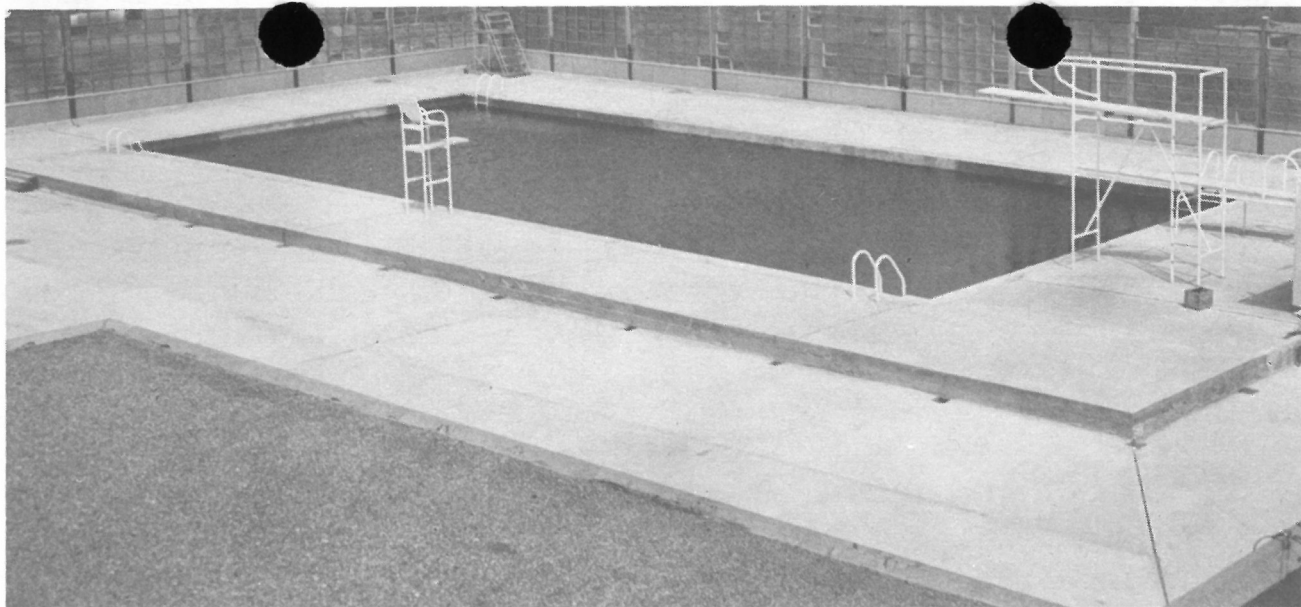
Snow vehicles, motorcycles, motor scooters, etc., must be licenced and insurance carried if they are operated on public roads or on the base. Bicycles do not require a licence.

Base decals are issued free of charge to all personnel residing at CFB Penhold, to give base access to motor vehicles. Proof of registration and licensing is required.

RECREATION



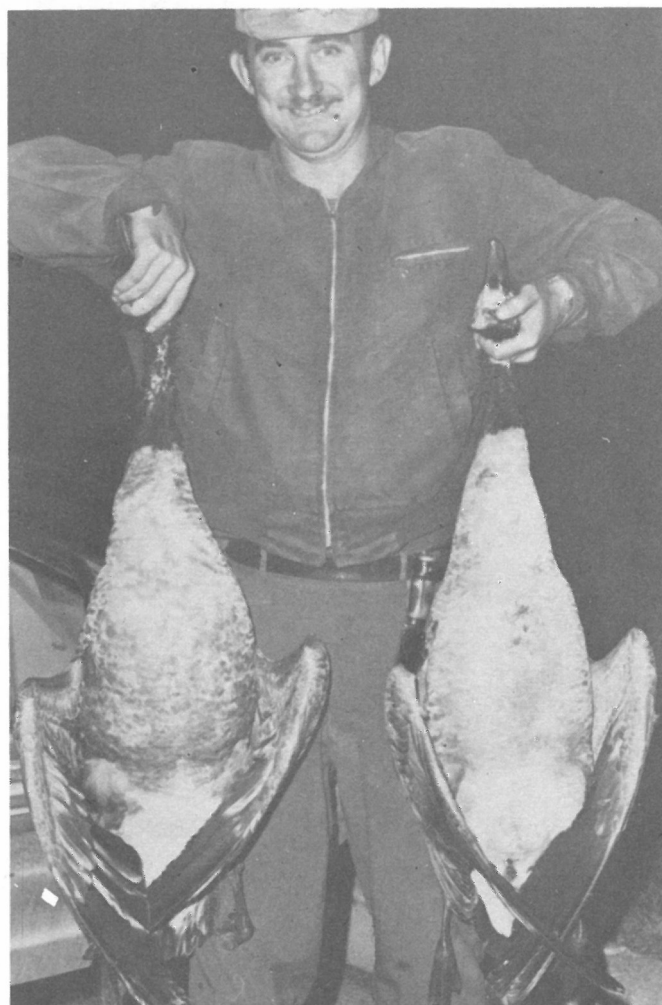
BASE BOWLING ALLEY



Most of the base recreation facilities are located within or close to the Recreation Centre building. This building contains a gymnasium, six-lane bowling alley, rifle range, weight training room, sauna bath, theatre, and snack bar. Outside facilities include a sports track, soccer field, foot-ball field, two tennis courts, three ball diamonds, a skating rink and a swimming pool. A four-sheet curling rink and social centre is also located next to the Recreation Centre. A skeet range is located on the north side of the base.

There are many excellent recreation facilities available in local communities. The golf courses in Innisfail, Bowden, Red Deer, and Lacombe are particularly popular, and the base purchases green fees to the Innisfail golf course.

Family camping, fishing, and hunting are very popular activities with the personnel of CFB Penhold. The base is located within easy driving distance of many Rocky Mountain campsites for weekend camping. It is very common for base residents to spend the summer weekends at these sites by leaving the base on Friday evenings, and returning on Sunday nights.



PETS AND FIREARMS

The normal types of household pets are permitted in the married quarters, but unusual pets require the specific permission of base authorities. Pets are not normally permitted in the single quarters.

Dogs are not permitted to roam at large on the base. A pest control service is provided in the Mynarski Park community, and stray dogs may be retrieved by the owner for a fee of \$10.00 from the pest control service in Red Deer.

All firearms are to be registered with the military police, but they may be stored in both the married quarters and the single quarters. If kept in single quarters, they are to be disabled by the removal of one essential part of the firing mechanism for safety reasons, and the part will be stored with the military police. Storage facilities for any firearm and ammunition are available on the base.

YOUTH ORGANIZATIONS

A full range of activities is available on base for the dependent children. It includes Cubs, Scouts, Beavers, Ventures, Brownies, Guides, minor hockey, and childrens' baseball. In addition, there are several sports programs designed specifically for the dependents. An air cadet squadron, Number 7 Markerville Squadron, one of the first units formed in Canada, meets on the base. There are other air, sea, and army cadet units located in Red Deer and Innisfail.

SERVICE STATION

A very successful service station and auto club is operated at CFB Penhold, and it is located on the north side of the base. It contains several repair bays, and a good line of equipment for auto repairs and maintenance. The two coin operated wash bays are open 24 hours a day for the convenience of shift workers.



BASE SERVICE STATION AND AUTO CLUB

BASE EXCHANGE

A small base exchange facility is located at the Recreation Centre complex, where a normal selection of merchandise is sold. The exchange also contains a catalog ordering service for items that cannot be carried in stock. A groceries does not exist on the base.

SNACK BAR

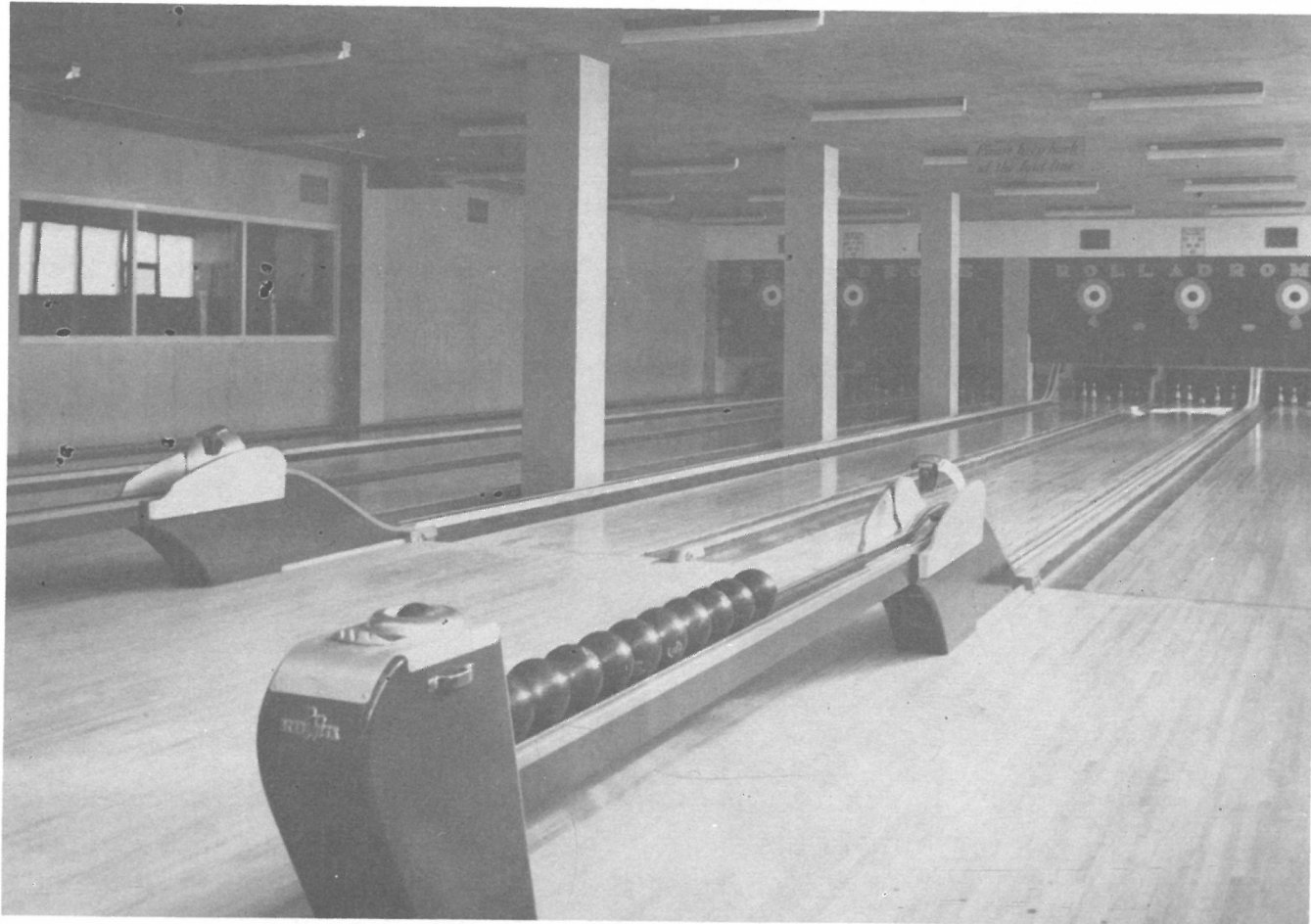
A modest snack bar facility is operated at the Recreation Centre, and it is open during the evening hours and on weekends. Another small restaurant facility is located within the Red Deer Industrial Airport complex, adjacent to the base.



BASE SNACK BAR

BARBER SHOP AND BEAUTY SALON

There is both a barber shop and a beauty salon in the Recreation Centre complex, adjacent to the post office. Hours of operation are variable according to season and staff situation, and they are published in the Mynarski Mirror.



THE BASE AS SEEN FROM THE RECREATION CENTER

NOTES